

Good Advertising

Is to Business what Steam is to Machinery, that great propelling power. This paper gives results.

E. E. HILLIARD, Editor and Proprietor.

VOL. XXIII. New Series Vol. 10.-6-18

SCOTLAND NECK, N. C., THURSDAY, MARCH 7, 1907.

Good Advertisers

Use these columns for results. An advertisement in this paper will reach a good class of people.

Subscription Price \$1.00 Per Year.

NUMBER 10.

THE COMMONWEALTH.

"Excelsior" is Our Motto.

Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood.

All the blood in your body passes through your kidneys once every three minutes. The kidneys are your blood purifiers, they filter out the waste or impurities in the blood. If they are sick or out of order, they fail to do their work. Pains, aches and rheumatism come from excess of uric acid in the blood, due to neglected kidney trouble.

Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble, because the heart is overworking in pumping sick, kidney-poisoned blood through veins and arteries. It used to be considered that only urinary troubles were to be traced to the kidneys, but now modern science proves that nearly all constitutional diseases have their beginning in kidney trouble.

If you are sick you can make no mistake by first doctoring your kidneys. The mild and extraordinary effect of Dr. Kilmer's Swamp-Root, the great kidney remedy is soon realized. It stands the highest for its wonderful cures of the most distressing cases of kidney and bladder troubles.

Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

O. F. SMITH, M. D.

PHYSICIAN AND SURGEON,

Scotland Neck, N. C.

Office formerly occupied by Dr. Hassell

DR. J. P. WIMBERLEY,

PHYSICIAN AND SURGEON,

Scotland Neck, N. C.

Office on Depot Street.

DR. A. C. LIVERMON,

DENTIST.

Office up stairs in Whitehead Building.

Office hours from 9 to 1 o'clock and 2 to 5 o'clock.

H. W. NIXON,

REFRACTING OPTICIAN,

Watch Maker, Jeweler, Engraver,

Scotland Neck, N. C.

J. MCBRYDE WEBB,

ATTORNEY AND COUNSELOR AT LAW,

219-221 Atlantic Trust Building

Norfolk, Va.

Notary Public. Bell Phone 374

EDWARD L. TRAVIS,

ATTORNEY AND COUNSELOR AT LAW,

Halifax, N. C.

Money Loaned on Farm Lands

WILL H. JOSEY,

GENERAL INSURANCE AGENT,

Scotland Neck, N. C.

Day & Hedges,

Livery

Buggies

Harness

Whips

Robes

Tarboro, North Carolina

Black Mountain Tea Nuggets

A Day Medicine for Day People

Prizes Golden Health and Renewed Vigor.

A medicine for Constipation, Irritation, Liver and Kidney Troubles, Pimples, Eczema, Impure Blood, Headaches, Stomach Disorders, Headaches, Rheumatism, etc.

Black Mountain Tea Nuggets are sold in all drug stores, or by mail, 50 cents a box. Genuine made by Black Mountain Tea Company, Winston, Wis.

GOLDEN NUGGETS FOR SALLOW PEOPLE

KILL THE COUGH

AND CURE THE LUNGS

WITH Dr. King's

New Discovery

FOR CONSUMPTION

COUGHS AND

OLD

Price 50c & \$1.00

Free Trial.

Guaranteed for all THROAT and LUNG TROUBLES, or MONEY BACK.

THE ORIGINAL LAXATIVE COUGH SYRUP

KENNEDY'S LAXATIVE COUGH SYRUP

Blessed and Honey Bee on Every Bottle.

THE EDITOR'S LEISURE HOURS.

Observations of Passing Events.

CONGRESSMAN JOHN H. SMALL's efforts for the inland waterway have interested the people of Virginia as well as his constituents in North Carolina. The Norfolk Landmark has the following pleasant things to say of Mr. Small and Senator Simmons: "The top of the morning to Congressman Small, of North Carolina! In spite of Speaker Cannon, he's got the inland waterway project really underway at last; and as he and Senator Simmons could get only a part at a time, we don't blame them from taking the North Carolina part first. Of course, the waterway will not be complete until it gets to Norfolk. That won't be so very long, we're thinking."

SOMETHING out of the ordinary occurred in Charlotte last week when Mr. R. O. Alexander gave a banquet in the new Selwyn hotel complimentary to Recorder Shannonhouse of that city. Mr. Alexander said that he had no close acquaintance with Mr. Shannonhouse—scarcely knew him at all—but he so admires the Recorder's course in administering the law he wished to show his appreciation in a public way. Fifty or more citizens were entertained at the banquet and many fine speeches were made commending the course of Recorder Shannonhouse. This is something unusual, and shows that the people of the great city of Charlotte appreciate an officer who fearlessly administers justice alike to all.

MANY things occur which cause the more thoughtful to observe the tendency towards commercialism even amongst the young men of the times. Men of thought and wisdom deplore the tendency and would check it if they could. The following by President Brown Ayers, of the University of Tennessee, shows how men of wisdom regard the matter: "There are causes at work among our young people that are tending to destroy the ideal of a higher life in even industrial and practical pursuits. The greater freedom allowed to our youth in social matters has cultivated in them a devotion to such pleasures that is acting as a serious distraction from the devotion to studies or to the earnest activity that was characteristic of the time when young people were supposed to be 'seen and not heard.' Now the young man has run the whole gamut of social life before he is out of his teens. . . . The ever beckoning Circe of commercialism has claimed many a victim that was intended for higher things. The modern world is full of get-rich-quick concerns that with all their allurements through the press distort the vision of our youth and then to believe that the attainment of riches is the most important thing in human life."

It is encouraging to one who desires the Southern farmers to be independent to see so much new interest in the cultivation of corn. All the while THE COMMONWEALTH has contended that the wise and safe plan is for every farm to raise its own sustenance for men and beasts. This means the raising of much corn in the South—much more than has been raised here since the Civil War. Lately much more attention is paid to the raising of corn and various methods and plans have been tried. What is known as the Williamson plan is claiming the attention of corn growers widely now. The plan has a number of new things, but the most radical difference from the old plan of planting and cultivating corn is the planting of the seed four or five inches below the surface and after the first plowing to allow the corn to stand long enough without work to become "stunted," that is to retard the growth of the stalk so that later more of the vitality of the plant will be converted into the ear. This part of the plan is described as requiring a good deal of courage, for a farmer does not like to see his corn look stunted while his neighbor's corn is "green and growing." The Williamson plan of corn culture is fully discussed in The Progressive Farmer (Raleigh) of February 28, and in The Southern Farm Magazine (Baltimore) for March. We suggest that any of the farmer readers of THE COMMONWEALTH who have not read about the Williamson plan will do well to get one of the papers referred to above and read it.

More than once THE COMMONWEALTH has deplored the tendency to lose sight of the proper spirit of reverence for such commemorative days as Mr. Cleveland on Commemorative Days. Thanksgiving and Christmas. Mr. Grover Cleveland in the course of an able address in Chicago before the Union League on Feb. 22 in honor of Washington's birth day, made some pertinent remarks concerning the tendency to lose the real spirit of such occasions. He said: "The commemoration of the day on which American independence was born has been allowed to lose much of its significance as a reminder of Providential favor and the inflexible patriotism of the fathers of the Republic, and has nearly degenerated to a revel of senseless noise and dangerous explosion, leaving in its train far more of mishap and accident than lessons of good citizenship or pride of country. The observance of Thanksgiving Day is kept alive through its annual designation by Federal and State authority. But it is worth our while to inquire whether its original meaning, as a day of united praise and gratitude to God for the blessings bestowed upon us as a people and as individuals, is not smothered in feasting and social indulgence. We, in common with Christian nations everywhere, celebrate Christmas—but how much less as a day of commemorating the birth of the Redeemer of mankind, than as a day of hilarity and the interchange of gifts. I will not without decided protest be accused of antagonizing or deprecating light-hearted mirth and jollity. On the contrary, I am an earnest advocate of every kind of sane, decent social enjoyment and all sorts of recreation. But, nevertheless, I feel that the allowance of an incongruous possession by them of our commemorative days is evidence of a certain condition, and is symptomatic of a popular tendency which are by no means reassuring."

Let us learn to be content with what we have. Let us get rid of our false estimates. Set up all the higher ideals—a quiet home, vines of our own planting; a few good books full of the inspiration of a genius, a few friends worthy of being loved, and able to love in return; a hundred innocent pleasures that bring no pain or remorse, a devotion to the right that will never swerve, a simple religion empty of all bigotry, full of trust and hope and love—and to such a philosophy this world will give up all the empty joy it has.—David Swing.

In using a cough syrup, why not get the best? One that comes highly recommended is Bees Laxative Cough Syrup, contains Honey and Tar and is superior to other Cough syrups, in many ways. Children always like it because it contains no opiates, is a laxative and is guaranteed to give satisfaction or your money refunded. Try it. Sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

The Extreme Penalty—"She (to fellow-listener at musicale)—"What do you think of his execution?" He—"I'm in favor of it."—Punch.

Everyone knows that Spring is the season of the year when the system needs cleaning. Dadel's Little Liver Pills are highly recommended. Try them. Sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

She: "Oh it must be fine to be a poet?" He: "It ought to be more! It ought to be fine and imprisonment." Springfield Union.

Little globules of sunshine that drive the clouds away. DeWitt's Little Early Risers will scatter the gloom of sick-headache and biliousness. They do not gripe or sicken. Recommended and sold here by E. T. Whitehead & Co.

ONE OF THE NEW METHODS.

Sleeping Outdoors.

Youth's Companion.

Many persons with the best will in the world to live in obedience to the laws of health, make a failure of the open-air night, of which one now hears so much, and which is, in fact, the chief dependence in the treatment of tuberculosis.

There are several reasons why the attempt to sleep outdoors, whether literally or in a wide-open room, results in failure. It is such a radical departure with so many persons that they do not have the first idea how to start it. A great many of them have at the back of their minds a sort of lingering impression that discomfort is a part of the treatment; that to become hardened one must be wretched, and that misery and virtue are boon companions. As comfort is not expected, there are no pains made to capture it. The would-be disciple of health simply throws up all the windows, gets into bed with the usual coverings, perhaps lies all night with the uncovered head in a direct draft of air, shivers in semiwakefulness for hours, and then on rising in the morning chilled and devitalized, perhaps coughing and sneezing, condemns the whole scheme as a snare, returns the next night to the closed-window plan, and launches himself upon society as the prophet of stuffiness.

This is all wrong, and a little thought will show why. If the night air is to be breathed as it comes straight from the outside, as it should be, preparations must be made to welcome it, and a room in which the temperature is twenty degrees or thirty degrees Fahrenheit cannot be occupied in the same clothing as one kept at sixty degrees.

Down coverlets are invaluable for these fresh-air nights, for they are as light as they are warm. Many persons are averse to heavy bed-clothing, and they are right. Weight does not necessarily imply warmth, and it is foolish to use up vital force in holding up heavy weight during the hours consecrated to rest.

The sleeping garment itself should be of some light and warm material, preferably woolen. Special thought should be given to the protection of the head. People, at any rate in this part of the world, are not accustomed to going bare-headed in the open air, so there is really no reason why they should expect to do so with impunity for seven or eight hours in cold weather at night. A soft cap cut to cover the ears and to hang down the back of the neck should always be worn. This shape closes the little space between the cap and the bedclothes, and incidentally prevents many a stiff neck.

A hot-water bottle is a good friend on a bitter night, and is worth more than many top spreads, for the bottle generates heat while the spread only retains it.

Contentment.

Let us learn to be content with what we have. Let us get rid of our false estimates. Set up all the higher ideals—a quiet home, vines of our own planting; a few good books full of the inspiration of a genius, a few friends worthy of being loved, and able to love in return; a hundred innocent pleasures that bring no pain or remorse, a devotion to the right that will never swerve, a simple religion empty of all bigotry, full of trust and hope and love—and to such a philosophy this world will give up all the empty joy it has.—David Swing.

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GREAT INLAND LAKE.

The Colorado River Has Turned Its Course.

Collier's Weekly.

Imagine a cup-shaped hollow in the earth. And imagine up along one side of the rim of the cup a great river running. How the river came to be away up there, four hundred feet above the valley, is a story of geology, too long and complicated to tell here.

The cup-shaped depression was the Salton Sink. At its bottom it was 365 feet below sea level, and just 483 feet below the Colorado River. Men walking in the valley used to look wonderingly up at the river as men look at clouds. And all that kept the river in its course, all that stood between it and the Sink, was a frail bank of silt.

There was never a drop of water in the Sink; but there was fine, powdery black loam, marvelously rich. Also the temperature was 170. This situation could not help but be suggestive to reflective minds. With water—and that soil and that heat—you would have simply a hot-house with no expense for coal. Crops?

So they tapped the bank of the river high up the side of the valley, and ran an irrigation canal into the Sink. Settlers poured in—2,000 families and 12,000 people. Such crops were never heard of. Every six weeks they harvested a crop of alfalfa. Such fruitfulness excited cupidity, and settlers came faster and faster—so fast there wasn't enough water—so they tapped the Colorado, high up the valley side, a little more. Then towns sprang up, and the Southern Pacific laid a branch in to carry the crops to San Francisco. More settlers, more need for water, more tapping of the Colorado.

Finally they tapped one too often. While they were at work a flood came down the river. The work of the tappers was like the finger-hole in the dike. The hole grew larger and larger. Finally, the whole Colorado River just abandoned its old course and turned right into the Salton Sink—just as if the Mississippi should leave its banks at Davenport and start 'cross country to Springfield.

That was in 1904. The river has been pouring into the Salton Sink ever since. There is no outlet for it. The plain end of it is a new lake bigger than any within the United States—as big as Lake Ontario. Already a space half as big as Rhode Island is covered, some of it from 80 to 90 feet deep. The farms and the wonderful alfalfa crops are submerged, and the slowly rising water has compelled the railroad to move back, and farther back, for 40 miles.

And all these two years men have done their best to stop the river and turn it back into its old course. First they drove piles and filled in with brush and bags of sand. But, without going into details, there have been six separate attempts, and all unsuccessful. Lately, Congress has appropriated two million dollars to do the work.

Nature and Broken Bones.

(New York Tribune.)

In the splicing of broken bones nature can give the best surgeon pointers. When a bone is broken the splintered ends are surrounded with cartilage until they are firmly held in position. Then gradually a layer of bone is placed between them and soldered together. All the physician has to do is to bring the two ends of the bones together so that the point will be smooth and even. Nature's little agents do the rest.

There are many kidney remedies but few that accomplish the results. "Pineules" is a kidney remedy that contains no alcohol or opiates of any kind, complies with the National Pure Food and Drugs Law, guaranteed to give satisfaction. Thirty days treatment for \$1.00. Inquire about "Pineules" sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

Politician—"We must stand pat." Wife—"Yes, but the question is will Bridget stand us?"—Harper's Bazaar.

Saved Her Son's Life.

The happiest mother in the little town of Ava, Mo., is Mrs. S. Ruppce. She writes: "One year ago my son was down with such serious lung trouble that our physician was unable to help him; when by our druggist's advice I began giving him Dr. King's New Discovery, and I soon noticed improvement. I kept this treatment up for a few weeks when he was perfectly well. He has worked steadily since at carpenter work. Dr. King's New Discovery saved his life." Guaranteed best cough and cold cure by E. T. Whitehead Druggist 50c and \$1.00. Trial bottle free.

Disease Kills Half Million.

The following was recently sent out from Washington:

"Out of only two-fifths of the population of the United States, more than half a million lives were offered up in 1905 as a sacrifice to disease. Startling as this death rate may seem it was less than that for the preceding year, but was in excess of the number of deaths registered for any other year. This death rate is lower than of Ireland, Germany and Italy for the same period, but higher than that of England and Wales, Scotland and the Netherlands.

The death rate from nephritis and Bright's disease, apoplexy, cancer, diabetes and appendicitis is increasing, while that from old age, bronchitis, convulsions, peritonitis and scarlet fever is decreasing.

"The greatest death rate recorded for any one disease in 1905 was that from pulmonary tuberculosis, amounting to 56,770, while pneumonia follows closely with a death rate of 39,038 exclusive of broncho-pneumonia. The much-dreaded cancer shows a steadily growing death rate, the figures being 24,330.

"The above are the more interesting facts brought out in a report issued today by the census bureau giving the statistics of mortality for 1905, together with revised figures for the years 1901 to 1904, inclusive of the registration area of the United States.

Cough and colds contracted at this season of the year should have immediate attention. Bees Laxative Cough Syrup, contains Honey and Tar and is unequalled for hoarseness, colds and coughs. Pleasant to take; mothers endorse it; children like to take. Contains no opiates. Moves the bowels. Sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

"Elizabeth, has that man any expectation?" "Fine, mamma."

"What do they consist of?" "Me."

Worked Like a Charm.

Mr. D. N. Walker, editor of that spicy journal, the Enterprise, Louisa, Va., says: "I ran a nail in my foot last week and at once applied Bucklen's Arnica Salve. No inflammation followed; the salve simply healed the wound." He is every one, burn and skin disease. Guaranteed at E. T. Whitehead & Co., Druggist.

He: "Are you musical?" She: "I play the piano." He: "Well that's not an absolute denial."—Meggendorfer Blatter.

Improper action of the Kidneys causes backache, lumbago, rheumatism. "Pineules" is a kidney remedy that will relieve these diseases. Pleasant to take and guaranteed to give satisfaction or money refunded. "Relief in every dose" sold by E. T. Whitehead & Co., Scotland Neck, Leggett Drug Co., Hobgood.

Mrs. Gramercy—"I thought the manufacturer guaranteed your auto free of repairs for one year." Mrs. Park—"But that doesn't cover the repairs to what we run into."—Puck.

Pale, Thin, Nervous?

Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine.

This is the first question your doctor would ask: "Are your bowels regular?" He knows that daily action of the bowels is absolutely essential to good health. Keep your liver active and your bowels regular by taking laxative doses of Ayer's Pills.

Made by J. C. Ayer & Co., Lowell, Mass. Sole manufacturers of Ayer's PILLS, HAIR VIGOR, ANE CURE, CURE FOR PILES.

The Gentleman.

(Continued.)

It is possible for every man to assume an elegant manner, but the true gentleman is nature's own nobleman, who never forgets to be polite to every one, and it is as easy to discern the assumed from the innate good breeding as it is to distinguish paste from diamonds.

For Over Sixty Years

Mrs. Winslow's Soothing Syrup has been used for sixty years by millions of mothers for their children while teething, with perfect success. It soothes the child, softens the gums, always all pain, cures colic, and is the best remedy for Diarrhoea. It will relieve the poor little sufferer immediately. Sold by druggists in every part of the world. Twenty-five cents a bottle. Be sure and ask for Mrs. Winslow's Soothing Syrup. Guaranteed under the Food and Drugs Act, June 30th, 1906, Serial Number 1607.

St. "Do you think my voice will ever be suited for opera?" He—"Sings or boxes?"—Yonkers Statesman.

How to Remain Young.

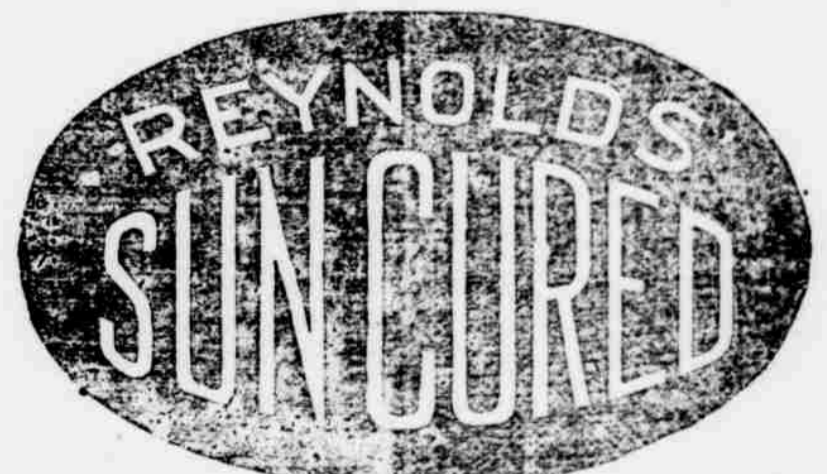
To continue young in health and strength, do as Mrs. N. F. Rowan, of Donagh, Cal., did. She says: "Three bottles of Electric Bitters cured me of chronic liver and stomach trouble, complicated with such an unhealthy condition of the blood that my skin turned red as flame. I am now practically 20 years younger than before I took Electric Bitters. I can now do all my work with ease and assist in my husband's store." Guaranteed at E. T. Whitehead & Co.'s Drug Store. Price 50c.

That which is seen at a distance is most respected.—Tacitus.

KODOL digests what you eat and quickly overcomes indigestion, which is a forerunner of Dyspepsia. It is made in strict conformity to the National Pure Food and Drug Law and is sold on a guarantee relief plan. Sold by E. T. Whitehead & Co.

Kicker: "Think the Joneses have come into some money?" Mrs. Kricker: "Yes she coifs her hair instead of doing it."—New York Sun.

If Your Chewing Tobacco Is Too Sweet Call For



REYNOLDS' SUN CURED TOBACCO CONTAINS LESS SWEETENING THAN ANY OTHER, BECAUSE THE QUALITY OF THE SUN CURED LEAF USED IN ITS MANUFACTURE NEEDS LESS.

REYNOLDS' SUN CURED IS THE HIGH-CLASS CHEW THAT YOU FORMERLY GOT, COSTING FROM 60c. TO \$1.00 PER POUND. SOLD AT 50c. PER POUND IN 5c. CUTS; STRICTLY 10c. AND 15c. PLUGS, AND IS THE BEST VALUE IN SUN CURED TOBACCO THAT CAN BE PRODUCED FOR CHEWERS.

R. J. REYNOLDS TOBACCO CO., Winston-Salem, N. C.